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# DRUMMING & JOURNEYING WITH REIKI



Facilitators: Lyn & Norman Ayre

Two-Day Course

## CERTIFIED PRACTITIONER

### ~DRUMMING & JOURNEYING WITH REIKI~

**Pre-Requisite:** Level One Reiki-any frequency

#### Day One 10-1 & 2-5 pm

- Earth Energy Empowerment...6
- Working with the White Light -Opening and Closing Drumming/Healing Circles...7
- Smudging...8
- Creating Sacred Space...10
- Working with the Seven Sacred Directions...11
- Journeying for our Power Animal...17

#### Lunch break

- Rattling...23
- Chanting...25
- Nature...29
- Journeying for our Spirit Guide...30
- Creating Spirit Stones...32

#### Day Two 10-1 & 2-5 pm

- Attunement of the drum and drum carrier...35
- Archetypal Animal Wheel...36
- Group drumming for entrainment...37
- Learning how to use the Reiki symbols during a Drum Journey...38
- Reiki Drum Journeying session...39

#### Lunch Break

- Spiral of Light Meditation...41
- Drumming ~Re-patterning session-give and receive...44
- Group drumming for world peace...44
- Present Certificate and take photo...44
- Closing Ceremony...45
- Multiple Appendices...46
- Bio...62